



BP Educational Consultation

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The American Athlete

Episode #2410

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Participants: **Ray Lewis – NFL Legend**
Laila Ali – Boxing Legend
Mike Schmidt – MLB Legend

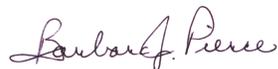
General Synopsis for Episode #2410

In this episode of ‘Legends’, sports icons share their family background and stories of how they began their path towards their chosen fields of athletic endeavor. Host Byron Allen’s insightful questions open up each athlete to respond with applicable advice for fans to follow. NFL legend **Ray Lewis** started playing football at the age of 10. He credits his mom for his confidence and what he did on the field was all about her. He was 2-time Super Bowl Champion and played for the Baltimore Ravens for 17 years. When setting goals, he shares, “give yourself a challenge, something people say you can’t do, put desire before fear and go after it.” Boxing legend **Laila Ali** started ‘punching’ in elementary school to defend kids being picked on. As a fighter in the ring, she doesn’t think about who is in the crowd, her main focus is doing what she worked on for the fight. She feels it is important to give back to the community to make the world a better place for everyone. MLB legend **Mike Schmidt** shares that 1980 was the biggest year in his playing career winning the World Series. He sees baseball as a mental test and working through the tough times to finally get to be one of the best. His book *Clearing the Bases* discusses the troubles and changes baseball has gone through in the last 30 years and the fast track it is on leaving its history behind. He says to be the best, you have to be able to be knocked down and keep getting back up.

Observation and Conclusion

The American Athlete episode #2410 trivia questions between each segment challenge young viewers to research and learn sports facts. Each participant encourages young viewers to pursue their passion and focus by overcoming obstacles, displaying athlete virtues of diligence, perseverance, the value of training and sportsmanship. **Laila Ali** tells the viewers she is never satisfied with her fights; it keeps her working harder. This episode inspires, educates, informs and empowers children 13 years of age and up.

Sincerely,



Barbara J. Pierce, MA Ed.
Educational Consultant