



# BP Educational Consultation

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The American Athlete

Episode #2403

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Participants: **Lindsey Horan – World Cup Champion USWNT 2019**

**Laird Hamilton – Waterman, Innovator**

**Sky Brown – Pro Park Skater**

### General Synopsis for Episode #2403

In this episode a pro soccer player, surfer and innovator, and a skateboarder describe their varied paths towards success in each of the chosen fields of athletic endeavor. Each guest shares their personal side of their journey from their first thoughts of seeking a professional career to reaching their goals and beyond. **Lindsey Horan's** parents got her and her brother into sports which she says helped her be the competitor she is today. She started playing professional volleyball at the age of 18 in France. Playing in the 2019 World Cup for the United States in France was the best experience of her life. Lindsey shares that winning the World Cup has helped the sport gain more recognition, better attendance at the games for the league and women in general. **Laird Hamilton** shares that surfing is a brutally hard sport, no referees, a merciless element that doesn't discriminate. He tells the viewers that you have to commit to it, be willing to fail and you can never ride a wave you are not willing to fall on. He is known for his surfing innovations; tow-in surfing, stand-up paddle boarding and hydrofoil boarding. Laird is an author of the book *LifeRider*. He calls it a thinking man's book. **Sky Brown** started skating in her backyard. She knows as a skateboarder that you might get hurt but she says you just get back up and just do it again. Sky is a spokesperson for Skateistan an organization that helps children from Cambodia to Afghanistan through education and skateboarding. She wants to show girls no matter how old you are, you can do anything.

### Observation and Conclusion

In episode #2403 sports trivia questions are asked between segments to challenge viewers to research and learn sports facts. Athletes provide encouragement and advice to their fans to work hard, define goals, and have fun in your chosen field. **Laird Hamilton's** advice, "if we are always aspiring, that is probably the key how we continue to aspire after we achieve certain things." This episode inspires, educates, informs and empowers children 13 years of age and up.

Sincerely,



Barbara J. Pierce, MA Ed.

Educational Consultant