



# BP Educational Consultation

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## The Young Icons

Episode #1103

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Featuring: **Sophie Salmore – Gardner**  
**Turquoise Thompson – Track Star**  
**Jordan Howard – Environmental Activist**  
**Regina Nicholson – Filmmaker**  
**Gregory Warner – Volunteer**

### General Synopsis for Episode #1103

In this episode, ‘young icons’ share their inspirational stories of courage, commitment, success and giving back to the community. **Sophie Salmore**, a high school sophomore with no gardening experience, created an edible garden at her school to help save the planet. She shares that hard work, determination and planning was needed to get the approval from the school to plant the garden. Her project is now expanded to other communities through The Seedling Project, a virtual online garden of ideas resource. Track Star **Turquoise Thompson** credits strong family support and education as a foundation to reach her goals. Holding a record in the 400 meter hurdles and receiving a full scholarship to UCLA, she realizes that being a strong student is as important as being a world-class athlete. Practicing what she preaches, **Jordan Howard**, environmental activist, makes earth friendly choices everyday by using reusable bags, bottles and refusing to use straws. Through public speaking, she teaches others simple and sustainable solutions to environmental problems. Filmmaker, **Regina Nicholson**, has turned tragedy into triumph. She used her faith and filmmaking as a healing process through treatments for bone cancer. She now helps a charity called, No Worries Now, to provide a voice for other children who are ill.

### Observation and Conclusion

In episode #1103, viewers will be moved by the personal stories of some of these motivated icons as they share their journey to pursue their goals and passion. Turning a personal loss of losing his mother to cancer into a mission to give, **Gregory Warner** realizes life is short and you need to make it the best it can be for yourself and others. This episode of *The Young Icons* delivers an educational and informational message that supports current social, intellectual and emotional aspects of children ages 13 and up. Attributes and advice emphasized by guests instill a grounded balance of priorities, commitment, and perseverance children can apply to their lives.

Sincerely,



Barbara J. Pierce, MA Ed.

Educational Consultant