



# BP Educational Consultation

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The American Athlete

Episode #2320

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Participants: **Valorie Kondos Field – Former UCLA Head Coach**

**Hunter Pence – MLB Outfielder**

**Nathaniel Coleman – Competitive Climber**

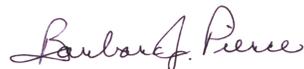
### General Synopsis for Episode #2320

In this episode a gymnastic coach, baseball player and a competitive climber describe their varied paths towards success in each of the chosen fields of athletic endeavor. Each guest shares their personal side of their journey from their first thoughts of seeking a professional career to reaching their goals and beyond. **Valorie Kondos Field** started ballet at the age of 6 to deal with scoliosis. She became a dance coach for the gymnastics team at UCLA and then became the gymnastics coach. Reading Coach Wooden's leadership book, she decided to develop champions in life who were going out and making the world a better place through sports. After being diagnosis with breast cancer, Valorie began writing her book, *Life is Short, Don't Wait to Dance*. She shares, "don't waste one day not living fully and loving what you are doing and doing whatever that is to make your heart sing." MLB outfielder **Hunter Pence** is an 4X All Star and 2X World Series Champ. He states no manner who you are before you make it, no one believes you can do it until they see it and it is on you to believe it. Hunter describes how he changed his swing and found it easier, was hitting the ball farther with less effort by understanding the mechanics of the swing. Supporting the Arbor Day Foundation, he has taken his passion off the field with tree planting and helping the environment. **Nathaniel Coleman** credits the team pulling him into the sport of climbing and winning competitions. He describes the 3 disciplines of climbing in the Olympics; Speed, Bouldering and Lead. He tells the viewers climbing for the first time is easiest to use your arms and the more you learn your feet come into it and how important they are.

### Observation and Conclusion

In episode #2320 sports trivia questions are asked between segments to challenge viewers to research and learn sports facts. Athletes provide encouragement and advice to their fans to work hard, define goals, and have fun in your chosen field. **Hunter Pence** states, "when you are in a passionate state, energy of excitement, that energy is unstoppable." This episode inspires, educates, informs and empowers children 13 years of age and up.

Sincerely,



Barbara J. Pierce, MA Ed.

Educational Consultant