



BP Educational Consultation

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The American Athlete

Episode #2317

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Participants: **Alix Klineman – Beach Volleyball, AVP**

Jason Lezak – GM Cali Condors, ISL

Sam Querrey – Tennis Player, ATP

General Synopsis for Episode #2317

In this episode a beach volleyball player, an international swim league general manager and a professional tennis player describe their varied paths towards success in each of the chosen fields of athletic endeavor. Each guest shares their personal side of their journey from their first thoughts of seeking a professional career to reaching their goals and beyond. **Alix Klineman** grew up at Manhattan Beach around volleyball and it turned out she loved playing the game. Being tall for her age she played on a 16 and under team as a 13-year-old. Warming up is totally necessary but not her favorite thing to do but preventing injuries helps her enjoy the game and be her best. Alix and her partner April Ross play simultaneously being in the moment while also thinking about the bigger picture of being #1 in the world. Olympic Medalist **Jason Lezak** learned to swim growing up in Southern California. He said the Olympic trials were as hard as competition in the Olympics. He is the general manager of the Cali Condors an International Swim League team. His job is to find the best athletes, coaches and staff while finding sponsors and making money. He hopes to keep the league growing where they do something consistent and let the swimmers keep doing something they love for a long time. **Sam Querrey** knew at the age of 17 he wanted to be a professional a tennis player and took it more seriously by working harder in practice. Since he is tall, his favorite and best shot is his serve. He spends time stretching, being flexible, eating right and working on agility and strength. He would like to win a master series, grand slam and the big events everyone wants to win.

Observation and Conclusion

In episode #2317 sports trivia questions are asked between segments to challenge viewers to research and learn sports facts. Athletes provide encouragement and advice to their fans to work hard, define goals, and have fun in your chosen field. **Sam Querrey** states, “taking care of your body is equally and may be more important than practicing on the tennis court for me.” This episode inspires, educates, informs and empowers children 13 years of age and up.

Sincerely,



Barbara J. Pierce, MA Ed.

Educational Consultant