



# BP Educational Consultation

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**The American Athlete**

Episode #2314

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Participants: **Paul Rabil – Co-Founder, PLL**

**Natasha Watley – Ret. Pro Softball Player**

**Jennifer Brady – Pro Tennis Player, WTA**

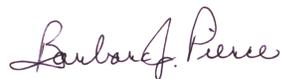
### General Synopsis for Episode #2314

In this episode committed and talented ‘American Athletes’ share their stories of success and challenges. Each guest shares their personal side of their journey seeking a professional career to reaching their goals and beyond. **Paul Rabil** is a two-time NCAA Lacrosse champion. Paul and his brother are the co-founders of the Premier Lacrosse League. Lacrosse is a stick ball sport with full contact, endurance, a lot of agility, skill and the winning team scores the most goals. Fans watching Lacrosse see how difficult it is to play getting a dense rubber ball into a 6X6 cage with a goalie that doesn’t wear much protection. Lacrosse is on the fast track to be an Olympic sport. **Natasha Watley** is a 2X Olympian, retired softball player and softball coach. She loved playing defense, fielding the ball and throwing someone out. Natasha explains and demonstrates the technique of slap hitting in softball another dimension that added to her game. The Natasha Watley Foundation was founded 11 years ago to get more girls in LA playing softball and the opportunity for character development to instill the concept that if you start something you finish it. **Jennifer Brady** was an athletic kid who loved playing outside and ended up loving tennis. She moved to Florida to play the game of tennis. Her favorite and best shot is the inside out forehand. Her advice to the viewers, “Enjoy the opportunity to compete, it is a fun sport, it is physical, mental and strategic. It is very unique, an individual sport.”

### Observation and Conclusion

In episode #2314 questions are asked between segments to challenge viewers to research and learn facts related to sports. Athletes provide encouragement and advice to their fans to work hard, define goals, and have fun in your chosen field. **Paul Rabil** states, “It is more difficult to maintain success than it is achieve it.” This episode inspires, educates, informs and empowers children 13 years of age and up.

Sincerely,



Barbara J. Pierce, MA Ed.

Educational Consultant