



BP Educational Consultation

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The American Athlete

Episode #2313

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Participants: **Chase Outlaw – Pro Bull Rider, PBR**
Michie James – Professional Wrestler
Danielle Collins – Pro Tennis Player, WTA Tour

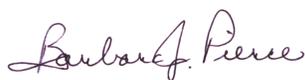
General Synopsis for Episode #2313

In this episode committed and talented ‘American Athletes’ share their stories of success and challenges. Each guest shares their personal side of their journey from their first thoughts of seeking a professional career to reaching their goals and beyond. **Chase Outlaw** is a professional bull rider who rode steers and calves at a young age and knew he would be a professional bull rider. There is a science to bull riding and the riders study these animals and learn about the energy they have and bulls can smell fear. He states that they all know the fear of the sport, they know the danger of it and are a select human being that can handle and maintain themselves in the mix of chaos. As a little girl, **Michie James** watched wrestling with her father. She went to wrestling school as a young adult. It took her 7 years before debuting on TV after working her way up the independent circuit. She has wrestled around the world and has won many championships. She shares that wrestling fans are loyal, they love you or they hate you, you cannot change their mind. With her love of music, she started writing songs as they traveled. She has now recorded 3 of her songs in Nashville. Tennis became important to **Danielle Collins** when she was young, it was a way to have fun afterschool. She states that the most important aspect of tennis is the traveling week to week. She feels that is what makes the players stronger adapting to different environments, different surfaces and having to be a versatile athlete. She is proud of making it to the semifinals in Australia and is hoping to go back and go forward.

Observation and Conclusion

In episode #2313 questions are asked between segments to challenge viewers to research and learn facts related to sports and mental health. Athletes provide encouragement and advice to their fans to work hard, define goals, and have fun in your chosen field. **Chase Outlaw** shares, “to be a professional bull rider, you have to know in your heart and in your soul and in your mind there is not a doubt that you belong here.” This episode inspires, educates, informs and empowers children 13 years of age and up.

Sincerely,



Barbara J. Pierce, MA Ed.

Educational Consultant