



BP Educational Consultation

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The American Athlete

Episode #2309

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Participants: **Donovan McNabb – Retired Quarterback, NFL**

Sofia Kenin – Pro Tennis Player, WTA

Kevin Barnett – AVP Broadcaster

General Synopsis for Episode #2309

In this episode a retired NFL quarterback, professional tennis player and a sports broadcaster describe their varied paths towards success in each of the chosen fields of athletic endeavor. Each guest shares their personal side of their journey from their first thoughts of seeking a professional career to reaching their goals and beyond. **Donovan McNabb** started playing sports at the age of 5 but could never beat his brother which developed the drive and determination to be the best that he set out to be. He was selected 2nd pick in the draft and wanted to prove why he should have been 1st draft and did that each time he was on the field. He now does radio and camera work, coaches his children's teams and mentors current players. **Sofia Kenin** says her good eye coordination is why she plays tennis. Her best shot is her drop shot and she uses it quit often. She was fortunate to play Serena Williams and won. Her advice to the viewers, 'enjoy the sport, you got to love the game, you always have to have fun, let loose and have fight in you'. **Kevin Barnett** played ten years of professional volleyball going to the 2000 Sydney and 2004 Athens Olympics. After leaving volleyball he went into announcing everything volleyball. His advice after playing a sport is to find something you are passionate about, has value and can provide you an opportunity to earn a living to be happy and fulfilled.

Observation and Conclusion

In episode #2309 sports trivia questions are asked between segments to challenge viewers to research and learn sports facts. Athletes provide encouragement and advice to their fans to work hard, define goals, and have fun in your chosen field. **Donovan McNabb's** advice, "Block out on the outside and focus on what it is you want to accomplish. Write your individual goals, then write team goals and ask how am I going about accomplishing these." This episode inspires, educates, informs and empowers children 13 years of age and up.

Sincerely,



Barbara J. Pierce, MA Ed.

Educational Consultant