



BP Educational Consultation

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The American Athlete

Episode #2307

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Participants: **Taurean Prince – Small Forward, NBA**

Chase Outlaw – Pro Bull Rider, PBR

Abigail Dixon – Competitive Surfer

General Synopsis for Episode #2307

In this episode committed and talented ‘American Athletes’ share their stories of success and challenges. Each guest shares their personal side of their journey from their first thoughts of seeking a professional career to reaching their goals and beyond. **Taurean Prince** was drafted number 12 overall which was a dream come true. He credits his family situation growing up and living in temporary housing has built him and gave him a lot of character. His job on the court is to make it as difficult as possible for the other players and attention to detail, knowing who is doing what and what they are doing is the key to having a successful playoff. **Chase Outlaw** is a professional bull rider who competes against an animal for at least 8 second ride. He has always wanted to be a cowboy. He trains by taking care of the farm, the things that have to be done. He still doesn’t know what to expect after riding for 8 years. He shares, “I have yet to prove what I have set out to prove, so that’s the fuel that keeps me burning and keeps me coming back”. **Abigail Dixon** competes in the Women’s Surfing League. When competing against a higher rank surfer she tries not to think about it, upsets happen. It depends what the ocean favors that day, it comes down to playing in the waves and the ocean is unpredictable. She tells those who want to start surfing, “the ocean is trying not to hurt you, it is there for fun. If you have a fearful mind set, you are not embracing the moment and you are going to have a hard time.”

Observation and Conclusion

In episode #2307 questions are asked between segments to challenge viewers to research and learn facts related to sports and mental health. Athletes provide encouragement and advice to their fans to work hard, define goals, and have fun in your chosen field. **Chase Outlaw** advice, “if you believe you are the best and know you are the best – it is all mental.” This episode inspires, educates, informs and empowers children 13 years of age and up.

Sincerely,



Barbara J. Pierce, MA Ed.

Educational Consultant