



BP Educational Consultation

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The American Athlete

Episode #2217

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Participants: **Scott Dixon – IndyCar Driver #9**

Brooke Sweat – Pro Beach Volleyball

Ray Griffith – Off Road Driver

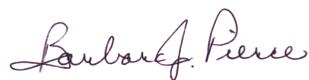
General Synopsis for Episode #2217

In this episode committed and talented ‘American Athletes’ share their stories of success and challenges. Each guest shares their personal side of their journey from their first thoughts of seeking a professional career to reaching their goals and beyond. **Scott Dixon** had his first experience with racing go-carts at the age of 7. In 2001 he started racing IndyCar and won his first championship in 2003. Scott has been with his racing team for 17 years which he credits is behind his success. His wife Emma Davies Dixon is also a professional athlete. His family is part of his journey by being at the racetrack for races and participating in the filming of the movie *Born Racer*. Competition is what keeps him driving, trying to be beat the best in the world. After college **Brooke Sweat** found her way to the beach but didn’t fall in love with beach volleyball right away. The challenge and process of beach volleyball helped her fall in love with the sport. She shares the practices are fast paced with lots or reps of touching, passing and setting techniques. Injuries are an adversity she has faced sharing that she works on getting her strength and power back which has challenged her and made her a better player. **Ray Griffith** started racing dirt bikes and built his first sand car with his dad at 12 years old. His first qualifying run in a Class 1 car opened up partnerships with companies. He has been winning ever since. He talks about the differences between unlimited buggies and trucks and the top speeds of 140 – 155 mph they can go in the dirt.

Observation and Conclusion

In episode #2217 questions are asked between segments to challenge viewers to research and learn facts related to sports. Athletes provide encouragement and advice to their fans to work hard, define goals, and have fun in your chosen field. **Brooke Sweat** states, “Expect a long journey, you go through tough times, get back up and get stronger.” This episode inspires, educates, informs and empowers children 13 years of age and up.

Sincerely,



Barbara J. Pierce, MA Ed.

Educational Consultant