



BP Educational Consultation

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The American Athlete

Episode #2213

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Participants: **Justin Forsett – Former NFL Running Back & Entrepreneur**
Stafford Slick – Pro Beach Volleyball
Jérémy Chardy – Pro Tennis Player, ATP

General Synopsis for Episode #2213

In this episode retired NFL player turned entrepreneur, a beach volleyball player and a tennis player describe their varied paths towards success in each of the chosen fields of athletic endeavor. Each guest shares their personal side of their journey from their first thoughts of seeking a professional career to reaching their goals and beyond. **Justin Forsett** felt he had to provide himself to play football since he was too small, too short and wasn't fast. He faced the adversity and opposition by battling, fighting and working extremely hard. By going to the Pro Bowl, it was the recognition he had been playing for and it showed him how far he had come. Using the foundation of being an athlete prepared him for his new career as an entrepreneur. Beach volleyball player **Stafford Slick** loved competing as a kid. He likes to challenge himself against other people, find people better than him and works really hard to be better than them. He says his relationship with his volleyball partner is crucial, with good communication, being supportive and having a positive work ethic. Stafford's goal is to keep improving one day at a time, embracing the challenges and enjoying the journey along the way. At 6 years old **Jérémy Chardy** loved the challenge and competition but had to learn the technique of playing tennis. He shares "playing by yourself in an important moment you have the choice to go for it and commit to your shot. When you win it is amazing, when you lose, you lose a lot, it is more difficult." He recommends to start tennis with a teacher to learn the technique which will help you learn to enjoy the game.

Observation and Conclusion

In episode #2213 sports trivia questions are asked between segments to challenge viewers to research and learn sports facts. Athletes provide encouragement and advice to their fans to work hard, define goals, and have fun in your chosen field. **Justin Forsett** says "Always be forever growing and learning. Stretch yourself, you will be more comfortable and you will be successful." This episode inspires, educates, informs and empowers children 13 years of age and up.

Sincerely,



Barbara J. Pierce, MA Ed.

Educational Consultant