



BP Educational Consultation

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The American Athlete

Episode #2211

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Participants: **April Ross – Beach Volleyball Pro**
Kevin Anderson – Pro Tennis Player, ATP
Derek Kraus – NASCAR Driver #16

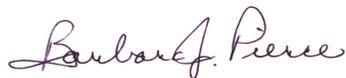
General Synopsis for Episode #2211

In this episode committed and talented ‘American Athletes’ share their stories of success and challenges. Each guest shares their personal side of their journey from their first thoughts of seeking a professional career to reaching their goals and beyond. **April Ross** credits her dad for encouraging her to play volleyball. With the wear and tear playing professional volleyball, she lifts weights and conditions to keep her body in shape. April has played in two Olympics and is preparing for the next Olympics in Tokyo by working really hard to get her game where it needs to be but wants to have fun along the way. **Kevin Anderson** has been playing tennis for 26 years. The game of tennis gives him the opportunity to test himself each and every time he goes out on the court. He shares that putting in the hard work to improve and being challenged at different tournaments, seeing the results is what appeals to him. Kevin states, “tennis is a mentally challenging game. You are out by yourself, you have to be your own best ally.” **Derek Kraus** started racing trucks at the age of 12 in Wisconsin. To prepare for races he does iRacing (racing stimulation) and in the off season he wrestles to keep in shape and develop a strong mindset. He shares that he focuses on race by race, weekend by weekend, he keeps digging to do the best that he can.

Observation and Conclusion

In episode #2211 questions are asked between segments to challenge viewers to research and learn facts related to sports. Athletes provide encouragement and advice to their fans to work hard, define goals, and have fun in your chosen field. **April Ross** states, “her best motivation is just to win so I just get to keep doing this amazing career.” This episode inspires, educates, informs and empowers children 13 years of age and up.

Sincerely,



Barbara J. Pierce, MA Ed.

Educational Consultant