



BP Educational Consultation

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The American Athlete

Episode #2120

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Participants: **Kristi Yamaguchi – Olympic Figure Skater**
Chase Utley – World Series Champion
Serena Williams – Tennis Phenomenon

General Synopsis for Episode #2120

In this episode professional athletes describe their varied paths towards success in each of the chosen fields of athletic endeavor. The questions from Byron Allen open up the personal side of each athlete's journey from their first thoughts of seeking a professional career to reaching their goals and beyond. Life lessons from family, friends, team mates, critics and role models, helped them form goals and gave them useful direction. **Kristi Yamaguchi** shares taking gradual steps as an ice skater, focusing on the big dream, helped prepare her for the Olympics. She thinks her training as an athlete helped her on the television show *Dancing With the Stars*. For the last 3 years, Kristi has worked with the American Lung Association educating the public about getting vaccinated for the flu. As a strong competitor, **Chase Utley** wants to win but he knows he must keep a level head, "don't keep to high and don't keep too low because baseball is a humbling sport".

Observation and Conclusion

The American Athlete episode #2120 encourages young viewers to pursue excellence by overcoming obstacles, displaying athlete virtues of diligence, perseverance, the value of training and sportsmanship. **Serena Williams** remarks, "I think it's really important to set goals. If you don't have goals and set them high, you don't have anything to strive for." This episode inspires, educates, informs and empowers children 13 years of age and up.

Sincerely,



Barbara J. Pierce, MA Ed.

Educational Consultant