



BP Educational Consultation

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The American Athlete

Episode #2118

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Participants: **Jimmy Rollins – World Series Champion**

Helio Castroneves – Indy 500 Winner

Freddy Adu – Pro Soccer Athlete

General Synopsis for Episode #2118

In this episode professional athletes share their family background and stories of how they began their path towards their chosen fields of athletic endeavor. Each athlete shares their thoughts and recommendations to the fans that may be interested in their sport as a career. **Jimmy Rollins** advice to young rookies is not of feel that they have to carry the team but to do what they do best. He states, “Success is being recognized with whatever you are associated with as being one of the best. You are in it because this is what you want to do.” As a three time winner of the Indy 500, racecar driver **Helio Castroneves** offers his perspective to young people who are interested in racing, “You have to love the sport, not just the glory and status”. He shares that dedication and hard work is important. Sports trivia questions between each segment challenges young viewers to test their sports knowledge.

Observation and Conclusion

The American Athlete episode #2118 encourages young viewers to pursue their education, passion and focus by displaying athlete virtues of diligence, perseverance and physical fitness. **Freddy Adu** shared, “My mom is an amazing lady. She made me wait to finish high school before going pro.” This episode inspires, educates, informs and empowers children 13 years of age and up.

Sincerely,



Barbara J. Pierce, MA Ed.

Educational Consultant